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Preparing My Daughter For Rain:

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Daughter For Rain



Synopsis

A book of lessons dedicated to our daughters and future daughters, on how to survive.

Book Information

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Customer Reviews

Key Ballah writes both with force and with care. With both immense amounts of love and immense amounts of pain. This book is incredibly brave, tremendously powerful, and a commendable feat for a bold young woman. The sheer power held within every piece is remarkable, and sometimes even frightening. That's just how good it is; raw, courageous, and honest. This is something everyone should read at least once, and then read again, and again.

Key Ballah's words sews years back onto your life. the years subjected to all unkind thoughts, her words cleanses that time, and anoints you with forgiveness. her poetry makes you blush, because it is true and you have coyly refused it all your life. her poetry shapes you into softness. you just want to continue reading and rereading. for anyone who needs sun in their life, Preparing My Daughter For Rain, is the shine you are seeking. no one person could have articulated both self loathing and self love like Ballah does and that too with slow understanding, vulnerability, and non-judgment. please gift to all your loved ones.

She speaks a narrative. One that speaks for and to women. For and to lovers. For and to immigrants. For and to flesh that is brown, black, beige. Key wrote so much more than a book of poetry, she wrote a brilliant masterpiece.

Really emotional and beautiful. "this earth was made to bite us in half and grind us to bone, but we were made to be kind." I just wish there was more about spirituality, it was touched upon but not deep enough for my liking but it's still really captivating. I read it all in a few hours. :)

Kay Ballah's book of lessons written to her future daughter doesn't simply read as another collection of notes or wisdoms on what it means to be, or rather become a woman that you symbolically gift your daughter on the day of her first period or something along those lines. Ballah's words are more of a fight song, born from pain, struggle and experience, all of which are described with unparalleled beauty and rawness. What many of the reviews don't mention is how much of a healing experience reading this book can be. Delicate and pure in style, it is also strong enough to seek out and unapologetically challenge our own sometimes deeply hidden identities as women, but more importantly as daughters. She writes to the daughter inside each of us. Especially the one who whilst reading these poems can barely fathom a mother's love as deep as Ballah's, because she herself has never experienced it. The daughter inside each of us who may carry wounds that still need to be stitched up (and certainly can be after reading this book). And to the mother inside each of us who is worried that she hasn't learned the proper tools to bring her own daughter into the world. Ballah's poems will not only give you hope, but remind you of what it means to be the person your younger self needed. Read this. Read this. Read this.

Such a wonderful title. That deserves all those suns. I remember once saying to my teacher in India, "Stars are really suns aren't they?" And he basically said ... of course. Yes, such a beautiful title ... a great example of what poetry -- five words can do. the moon and buddhah do all they can to prepare us for rain ... thanks to the moon and b & k Daniel Ladinsky (only when i have to) a best selling Penguin author

I read this during my lunch hour. This book will be something I will read again and again and journal on again and again. I can't wait to share these lessons and healthy habits to my daughter and give her this book as well. Things I was never able to put into functioning words were written.

This book is so incredibly written. So many beautiful and inspiring words. I've never witnessed someone open up their soul to the world like this. I have re-read it over and over and will continue to do so. When my daughter comes into this world and is old enough to read, this is the book I will read from.

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